

## **STRONG HOLDS, SOUL WOUNDS AND SOUL TIES**

### **STRONGHOLD**

A stronghold is a defensive structure that human beings build within their minds to safe guard them from soul wounds (pain, sorrow and grief) trauma and further emotional exposure. Instead of God being our stronghold - *Psalm 9:9 "The Lord is a stronghold refuge for the oppressed, a stronghold in times of trouble.* The human mind tries to cope with spiritual strongholds or fortresses. For example, if a person has a destitute childhood and money is very tight to have, to eat and survive - no matter how wealthy he become he builds fortresses within and becomes stingy or a hoarder so that he never has to be without. He is unable to build his faith in God for supply but rather leans on his own way of survival. It becomes a stronghold. It is a strong hindrance to prayer and God.

### **PRAYER FOR A STRONGHOLD TO BE BROKEN**

Heavenly Father, I ask Your forgiveness for the strongholds I have formed in my life. For not trusting You or having faith to believe that through God all things are possible. I have allowed my mind to become impregnated with hopelessness. To believe that nothing is going to be possible to change the state of my life unless I took drastic actions and safeguard my finances, my emotions - my fear, anxiety myself. I now thank You that Your Holy Spirit has helped me to understand that this is contrary to the will of God.

I smash every stronghold, lie and deception I have brought about myself in the name of Jesus. I fully accept and believe that the all sufficient sacrifice of our Lord and the over flowing power of His resurrection is more than sufficient for all my needs, to be an over comer in every situation and bring healing and deliverance. I ask you to bless me and give me more and more faith to access to your presence. I believe through scripture that with faith I could move mountains and challenges of my life. Amen

### **SOUL WOUNDS**

Soul wounds are primarily the causes for bondages, hindrances, barriers to relationship with God and others. They are one of the basic core roots that are within us, unaddressed and not surrendered to Jesus. But Jesus came to heal our wounds with His love, His healing, His word and every measure of His beautiful name and presence. The pain, sorrow and grief that we go through - our soul wounds is all known to Him. He alone can heal us, He alone can use these wounds to strengthen us when we become overcomers. Be used as instruments to minister to those we meet with similar soul wounds we once had. We need to constantly overcome offences, words spoken and received familiar spirits and a host of spiritual powers within that destroy or threaten to destroy us all the time.

### **PRAYER**

Healing Jesus, You came to heal the broken-hearted and bind up their wounds. Your word says that You came to save, heal and deliver. The Word of God AMAZES me! Hebrews 4:12 tells me "...the word of God is living and powerful, it is sharper than any two-edged sword,

piercing even to the division of soul and spirit, joints and marrow, and is a discerner of the thoughts and intents of the heart.” which tells me that, when we receive the word into our soul, it enables me to separate the spirit from the soul, dispels confusion, helps me discern what is going on inside my heart. It shows me why I think and act in certain ways, and it clarifies what is going on in my soul, which brings things into the light.

Help me Holy Spirit, anoint me Lord to read, mediate Your word - to have and to hold within me so that I may transform from this miserable person that I am with despair, hopelessness and weakness to soar like an eagle. Give me a new song and new life with the mind of Christ - which will make me completely healed of my soul wounds from the time I was conceived in my mother's womb. Amen.

## SOUL TIE

In the Bible, it doesn't use the word soul tie, but it speaks of souls being knit together, becoming one flesh, etc. In its simplest form, it ties two souls together in the spiritual realm. Soul ties between married couples draw them together like magnets, while soul ties between fornicators can draw a beaten and abused woman to the man whom in the natural realm she would hate and run from, but instead she runs to him even though he doesn't love her, and treat her like dirt. In the demonic world, unholy soul ties can serve as bridges between two people to pass demonic garbage through. Soul ties can invite demons, all due to an ungodly soul tie with a witch even if the other partner is a born again Christian unless the soul ties are broken with prayer, the "other" person will continue to control, dominate and ruin a person's life. You actually continue live with the soul control of the dominating ex-partner - unable to free of him/her.

This is prayer which is imperative when someone considers remarrying – if the soul ties is not cut with the previous spouse, the new spouse will have to live with the soul tie of the first spouse. This is why most second marriages don't work.

## PRAYER

Holy God, I repent of any sin committed to cause this soul tie/especially of fornication which has caused this nasty soul tie.

**Or if you want to break soul ties from a spouse that has died:** Holy God, I ask to be free of any consequences of the soul tie I had with my deceased spouse.

I willingly get rid of gifts were given to me by the other person in connection with the sin or unholy relationship, such as rings, flowers, cards, bras, etc. Thank you for teaching me such things that symbolize the ungodly relationship, and can hold a soul tie in place. I repent of any rash vows or commitments made that played a part in forming the soul tie. I renounce and repent of, and command them to be broken in Jesus' name. I renounce from words such as "I will love you forever", or "I could never love another man!" etc. I verbally renounce them and have become aware that spoken commitments that need to be undone verbally. I forgive that person of anything and everything against them.

I renounce, break and sever any ungodly soul ties formed between myself and \_\_\_\_\_ as a result of \_\_\_\_\_ (fornication, etc.) in Jesus' name.

or: I renounce, break and sever any soul ties formed between myself and \_\_\_\_\_(ex-spouse) any hold he or she might have over me to prevent a beautiful marriage with\_\_\_\_\_. Lord You be the third person in our marriage so that the three-fold cord will not be easily broken. Amen