

HEALING

Own Your Awesome in All Eight Facets of Your Life



Healing can be according to the Websters dictionary-

- a). To restore to health or soundness; cure: *healed the sick patient.*
- b). To ease or relieve (emotional distress): *Only time can heal grief.*
- c) To set right; repair: *healed the rift between.*
- d) To recover from an illness or injury; return to health.

According to the Bible- Healing can be Spiritual, emotional, physical, Inner healing or mental healing. Healing is a property /virtue of God and His sovereign grace can heal and restore all facets that human beings need for their healing. While people covet prayers, ministries and Churches to help them -experiencing Gods love, His unconditional love through men and women, friends and family, work colleagues

and even strangers (human angels) can also bring about healing that every one of us need in our daily life.

I have experienced this love and healing from time to time and have had a rich experience this last week as I went to Adelaide for a family funeral. I had not been in touch with so many people, specially my cousin and family for many years (due to extreme challenges in my life). But family love and bonding flowed as if I had been there with them always. Acceptance is a great tool of healing.

The funeral itself was a beautiful testimony of a man (my cousin) who had been married for 60 years to a beautiful good woman -a soul mate I would say -being there for each other , doing things for each other , a wonderful father who was there for each of his children , a precious grandfather, a loving brother / uncle to his extended family , a friend to all who had been hurting and broken walking through his doors and a man of God. The loving tributes by the 3 children with strong faith of their own / nephew through his only surviving sister in the presence of God touched many a heart that had gathered to grieve and comfort the family.

I stayed with an amazing couple (Robert and Christine) who enveloped me with such love, care and extraordinary hospitality. Enjoyed the most delicious meals and was in awe to see the couple demonstrate Gods love to the community and to all who walked through their doors. The extension of their love, even entertaining guests who came to visit me moved my heart and felt so loved.

I met many people and people who were strangers to me who came to the home I stayed, extended themselves with love, care and every assistance they could possibly give. The love, respect, curtesy acceptance, acquiescence from so many lovely people I had hardly been in touch made me believe there is still some beautiful people in the world.

I came back yesterday and this morning when I woke up I realized that all the crinkles of my 3 month sof illness, the challenges of late and the offences I had allowed to endanger myself, the irritations of people letting me down and causing rift and turmoil in the ministries -everything had gone. Just this facet of love is flowing like a diamond and thankfully as I write this article to encourage you-is still shining and glowing within.

May you all experience this from time to time. More than this be a conduit to give this love to somebody who needs it - Hurting and depressed who may be seated in your work place or at Church just next to you.

Love & Blessings

Ps Hilda