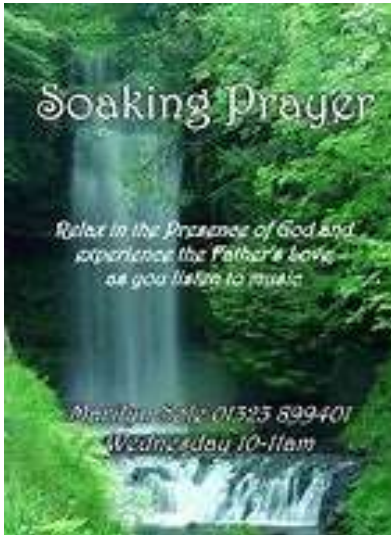


SOAKING PRAYER.



Rest / Waiting On The Lord / Tarrying / How To Soak In Prayer Before The Lord

Psalm 37:7 "Rest in the Lord and wait patiently for Him."

- This essentially is what “soaking” is. When we soak in God's presence, we are in a place of rest where we wait upon Him.
- Soaking in the Lord therefore, while similar to tarrying, has an emphasis on rest and receiving by faith, as opposed to striving ,praying and crying out to God.

Saturated With God

To soak something, is more than a five-minute dip. If you take a cucumber and place it in vinegar and spices for a few minutes, then eat it, it still tastes like cucumber. But if you take that cucumber and soak it in that solution for a couple of weeks it no longer tastes like cucumber – it has become a pickle. It has taken on the flavour of that solution.

- Soaking involves becoming saturated with God so that we take on God's flavour or nature. Too often we “taste” of flesh. But God wants us to be transformed into the image of His Son and carry his fragrance and flavour.

Transformed From Glory To Glory

2 Cor. 3:18 "But we all, with unveiled face, beholding as in a mirror the glory of the Lord, are being transformed into the same image from glory to glory, just as by the Spirit of the Lord."

- When we soak in God's presence, we begin to behold Him. As we do, we become like Him. Soaking in God's presence enables us to behold the Lord. We cannot do this and remain the same. We are changed from glory to glory and transformed to be more like Him.

Waiting on the Lord

Is. 40: 31 "But those who wait on the Lord shall renew their strength; they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint."

- This familiar verse reveals that something happens when we wait on God. Who He is, starts to get on us and in us. This divine exchange of His strength for our weakness and His ability instead of our frailty and inadequacy, happens because we spend time waiting on Him.

Adoration / Adoring God

Soaking is also about delighting in and adoring the Lord.

Song of Solomon 2: 3-5 "Like an apple tree among the trees of the woods, so is my beloved among the sons. I sat down in his shade with great delight, and his fruit was sweet to my taste. He brought me to the banqueting house, and his banner over me was love. Sustain me with cakes of raisins, refresh me with apples, for I am lovesick."

- Soaking in God's presence is like coming and sitting in His shade and being fed with the fruit of His presence. Like the bride in the Song of Solomon, we can do this with great delight.

This passage also speaks of the progression that usually follows where He brings us to the banqueting house or house of wine. This is something that only the Lord can do, but it starts with us coming and sitting in His presence. As we do so, so we are taken into deeper realms of experiencing His love for us, which is likened to being in a house of wine. It increases faith, love for God and outward manifestations. It is not unusual for people to laugh, shake or cry and sometimes this experience brings about facets of Healing and as I discovered recently-Deliverance .

Be Still And Know That I Am God

Ps.46: 10 "Be still and know that I am God"

- It is hard at times to come to this place though because our flesh is very active and often takes a while to settle. What we do with our bodies however is a powerful declaration in the realm of the spirit. When we lie down in God's presence it is a statement of surrender and a posture of rest that the Lord will honour. Learn to take authority.

- It helps to play worship music while we are soaking. Music sets the atmosphere and worship music opens our heart and causes our spirit to rise in adoration.

- Soaking does quieten the flesh and allows our spirit to ascend. As this happens, we become conscious that we are a spirit that lives inside a body. As our spirit starts to rise in adoration and communion with the Lord, we can get to the place where our body is totally at rest, but our spirit is awake and receiving from the Lord (*Dan.10:9*).

The Results Of Being In His Presence

Ps. 27: 14 "Wait on the Lord; be of good courage, and He shall strengthen your heart; wait, I say, on the Lord!"

- Revelation is often the fruit of soaking in God's presence. The Lord delights in revealing the secret counsel of His heart; dealing with issues that need to be addressed and bringing wisdom to our situation and needs.

- All these things flow from the presence of God and are laid hold of through waiting on God - or in other words, through soaking in His presence.

Is. 30: 15-17 "For thus says the Lord God, the Holy One of Israel: "In returning and rest you shall be saved; in quietness and confidence shall be your strength." But you would not, and you said, "No, for we will flee on horses" - Therefore you shall flee'."

The Lord encourages us here that salvation, which means wholeness, stems out of returning and resting in Him. This is a picture of soaking and speaks of trusting in what He alone can do. The fruit of resting in Him is quietness and confidence. This becomes the source of our strength.