

## **Prayer for Deliverance from Anxiety**

### **The person prays:**

In the name of Jesus, I renounce the inherited spirit of stress & anxiety that has been passed down to me by my ancestors. I forgive my ancestors for passing that spirit down to me, but I renounce it and reject it from my life.

**I renounce all forms of anxiousness, anxiety and anxiety disorders. I take authority of fear - of fear of generational anxiety, self- anxiety and perceived anxiety in the conscious and unconscious. I rebuke anxiety disorders.**

In the name of Jesus, I renounce every spirit of anxiety. I renounce the spirits of fear of anxiety and any action that may have entered my life when (*list all identified entry points for anxiety*) or that entered at any other time.

I forgive any person who has caused trauma that caused anxiety and trepidation in my life.

I refuse to be overwhelmed but claim the word of God that in Him I have care.

In the name of Jesus, I renounce and repudiate the spirit of Depression. I close every door against the spirit of anxiety and cancel every legal right that anxiety has had to operate in my life. I command the spirit of inherited and current anxiety to lose their hold on me now in the name of Jesus.

### **Casting out the spirits:**

#### **The minister prays:**

In the name of Jesus, I address the ROOT spirit of Orphan- abandoned, anxiety ,fear, anger ,depression, I address the spirit of inherited anxiety, fear of anxiety and any other spirit that overwhelms and I cast you out of (*name the person being prayed for*)'s life and command you to leave him now. Your legal right to operate in his life has been taken away and you must leave now, in the name of Jesus, and never come back. Spirit of anxiety, I expel you now, in the name of Jesus, and forbid you to ever operate in his life again.

***Casting all your care upon Him, for He cares for you (1 Peter 5:7, NKJV)***