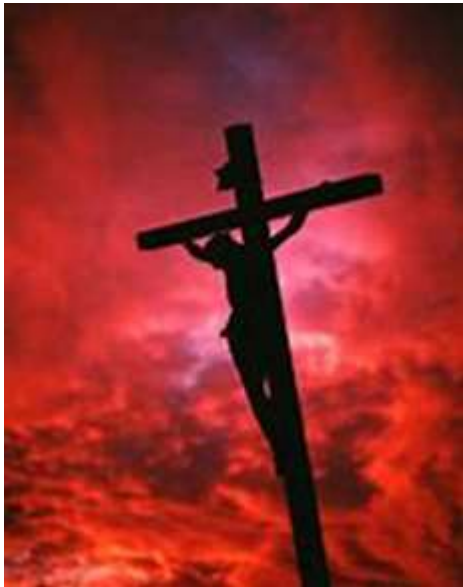


My precious people,

I preached this sermon last Saturday and it was well received. It's being presented to you in 2 parts. This morning be encouraged with part 1-

Love Ps Hilda Samuel



- "I have overcome the world." (John 16:33) • Jesus says, in this world you will have TROUBLE, but take heart! I have overcome the world.
- Through Him /Through Jesus//The Cross- we are overcomers.
- For you to be an overcomer, there needs to be something to overcome. • Jesus gives this promise and says, in this world you will have trouble, storms , trials, afflictions/wars and rumours of wars, viruses and challenges-But you will overcome through ME.

THIS MESSAGE FOR YOU IS: - HOW DO WE BECOME
OVERCOMERS?

In the last 2 ½ years something has greatly affected our lives/ our families / our jobs/ our going about normal things we did like going to work, visiting, having dinner parties, travelling even to another state, travelling overseas and so on.

In fact. something has affected us, affected us and the whole world.

YOU HAVE GUESSED IT-THE COVID -19 VIRUS.

It has come to affect us badly, damage us and impact our lives.

It seems to be relentless and continues to keep us in fear, anxiety. Just when you think the virus is subsiding, we are faced with variants like the Delta, Omicron from time to time. Threatening our wellbeing all over again.

- With this gripping factor and unsettling influence -God and His protection seems far away -that we wake up with uncertainty, listlessness, find ourselves becoming hopeless and nothing can we planned.
- The saddest part is human beings even Christians are changing in their behaviors; attitudes and it is some time so frightening and betraying and it is shocking. Evil, backsliding, disregard for anybody else other than themselves, so evident day by day.
- We are becoming cold in our relationship with God, Church and each other -This is very common in most Churches.

- Despite the vaccines /booster --Strange body pains, muscle soreness or aches, becoming lethargic, becoming weary, depression seems to be very common. There is a exhaustion, a fatigueness we are all experiencing.

- All this seems to bring us down and affect the quality of the life we once had and enjoyed.

- The fundamental issue or factor is **FEAR. FEAR** of this unknown virus that has shaken us and the world/ The economy, quality of life we were once used to, getting used to lockdowns and restrictions and changes that are not favorable at all. The diagram below will make you understand that the root emotion is anger and from the root comes fear, anxiety, isolationetc

We think its FEAR -but it is really a subconscious **ANGER-ANGER** that a well life ,the routine, the pleasures, the good life, the plans, the comfortable lives we led, the Church life we had, the travel freedom has simply gone /vanished. We seem to want to isolate ourselves.

Fundamentally the anger is directed at:

- You are no longer in control of your own lives or your own family or anything anymore. We are all control freaks in some form or other.

- Subconsciously for most of us -whether you accept it or not is the anger and disappointment with God that this Virus has been permitted, /He seems to be in no haste to subside it and variants seems to come in waves and its as if God has vanished from the planet we live -we call world.



[verywellmind.com](https://www.verywellmind.com)

- Anger is one of the basic human emotions and anger is triggered as an automatic safe guard when confronted with fear, things of the unknown and trauma.
- So how do we overcome anger/ overcome fear/ over the virus and learn to live it-whether we like it or not -the virus has come to stay. No one has clear directions where the virus came from- human greed to make money out of vaccine, Satan or even from God.
- In the OT -When people's behaviour and disobedience was outrageous and unacceptable to God- He released plagues.

•Let's spend a few minutes trying how to overcome this dreadful state of affairs.

LETS LOOK AT 7 KEYS: -that could help us overcome this Virus and even if the virus is prevalent -how to live in peace and feel protected and provided.

Part 2 WILL BE THE 7 KEYS.

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Pastor Hilda Samuel

Jesuran Healing Ministry