My dear people of God,

Unforgiveness as I explained last week is a very strong emotion. This emotion sprouts, spreads, festers, causes deep soul wounds detrimental to us human beings. It is toxic, poisonous and can cause injurious complications from spiritual fatigue and decline with bitterness, a strong blockage but bodily harm with all kinds of afflictions from cancer, stroke. Heart attacks lead to low immune systems inviting viruses and other body damage to organs, tissue, bone, marrow, cells bringing about afflictions that cause us fatigue, stress and numerous illnesses which cause us to have poor health. This affects our lifestyle.



UNFORGIVENESS AND LEGAL RIGHTS OF THE ENEMY

The Bible says the sting of death is sin and the strength of sin is in the law. (legal hold). 1 Cor 15: 22: The sting of death is sin, and the power of sin is the law. Immediate to your repentance you break the hold of the enemy's legal hold. So perfect repentance is confessing the truth. Without truth you cannot be free (John 8:32). Free from the law of sin.

• Without repentance and forgiveness you give room to legal rights of the enemy.

•You cannot stop a demon from being delivered from you in any situation until your repentance is complete. •Without repentance demons will re-enter even after deliverance, any form of sin -unconfessed and unrepented sin will enable Satan to put a hold on your earnest prayers.

If minutes before you have been dealing harshly in action or words to the very person, you are imploring God to intervene-may it be your children, spouse, Pastor or friend-always repent before you pray. Confess /repent you have said words to offend. It cancels the legal hold

LEVELS OF FORGIVENESS:

In certain contexts, forgiveness is a legal term for absolving or giving up all claims on account of debt, loan, obligation, or other claims.

4 Stages of Anger & Forgiveness:

1 Hurt: Identify, experience and express your feelings of pain & betrayal. The Spirit of Rejection enters the gate open..

2 Hate: If you have been hurt, you hate. -The gate widens for the enemy to enter deeply.

3 Hook: The poison that torments you as expressed in Matthew18: 21-. 4) Heal- Acknowledge the deceptive feeling of control. And begin: Forgiveness in being both an event and a process.

LEVEL 1- Release anger and hatred. But no desire to relate to the offender, help or associate in anyway Moving on with your life in a positive direction..(memory of offence still their mode)

LEVEL 2 - Hear about a tragedy or affliction in the offender / or offenders' family adverse /circumstances. Move with compassion. (memory of offence still there but somewhat in a far distance mode

LEVEL 3 - Moved to pray for the 'trial " of the offender while still maintaining safe distance.(memory of offence still there but clouded with compassion)

LEVEL 4 – Convicted to visit and take a meal, bless pray with the offender. (memory of offence a pale shadow but still there is warning within you to be cautious)

LEVEL 5- Compelled with compassion to offer financial help or transport to hospital, airport needs. Raise others, intercessors to pray for the offender's plight of trial. (memory of offence in the unconscious mind.) Pushed and willing to leave it there, as heart is motivated to genuinely help the offender, Holy Spirit conviction is strong, daily reading of the word stirs to be good to the enemy.

LEVEL 6 – Unconditional forgiveness- Which comes only with an anointing. The anointing is released when you ask God for such a level of forgiveness. Either for a motivation or ministry in which forgiveness is vital or the key. (memory of offence totally gone, fleetingly comes and goes without any pain of mind .Wanting the good of the offender at any cost, blessing and praying in a daily manner). Excellent level for trauma experienced.

When you forgive anyone, these are fruits that should be seen in you>

- resisting revenge,
- not returning evil for evil,
- wishing them well,
- grieving at their calamities,
- praying for their welfare,

- seeking reconciliation so far as it depends on you,
- and coming to their aid in distress..

PLease interact with me and tell me whether these parts of forgiveness/unforgiveness have helped you.

If it has not , I have a third part to share with you next week with a simple forgiveness exercise with some soaking prayer music to inhale JEsus and ask Him to help..

Love & Blessings

Ps Hilda